

FITNESS WITH LEWIS!

WHEN

Come and join Lewis, our Sports Development Lead, at one of our new fitness and exercise events starting Term 4

WHERE

All events start the week commencing Monday 25th February. Come and join us! No need to book for any event, just come along and sign up with Lewis.



WEDNESDAY 9—9.30AM

**Beginners walking club
(meet at front of school)
Free! (no need to book)**

WEDNESDAY 9.30—10AM

**High intensity fitness club
(meet at school gate)**

**£1 per adult
(no need to book)**

THURSDAY 9.30—10.15AM

**Boot camp
(meet at school gate)**

**£1 per adult
(no need to book)**

THURSDAY 3-4PM

**Family Training—parents and children together
(please note that all children must be accompanied by at least 1 adult)**

Children free, adults £1

No need to book (meet on KS2 playground)

FRIDAY 9-9.30AM

**COME AND PLAY TODDLER
SOFT PLAY!**

**£1 PER TODDLER! HELD IN
THE SCHOOL HALL (MEET AT
SCHOOL RECEPTION)**